### Get in touch

- 03000 214853 8.30am to 4.30pm Mon to Fri (answerphone available and calls returned within one working day)
- RDASH.macmillan-info-doncaster@nhs.net
- Postal referrals and drop-in: drop-in from 9am to 4pm Mon to Fri (please telephone for an appointment)

Macmillan Cancer Information and Support Centre Outpatients 1 Department, Doncaster Royal Infirmary Armthorpe Road, Doncaster, DN2 5LT

If you would like to speak to one of the team about any questions or concerns you may have or to find out what support and services are available locally, please get in contact.

### How to find us

## By bus

81/82 Armthorpe every 7 or 8 minutes 83/84/85 Hatfield every 15 minutes 87/88 Moorends every 15 minutes

## Car parking

A pay and display car park facility is in operation, although limited spaces are available.

A park and ride bus service operates from Doncaster Racecourse, Car park A, Leger Way, Doncaster and Doncaster Royal Infirmary Gate 3 (Out-patients entrance Mon to Fri (excluding bank holidays 5.50am and 10pm. This service costs 50p per journey. The bus journey normally takes 5-7 minutes.

#### Shuttle bus

A free direct shuttle service operates between the hospital sites of Bassetlaw Hospital and Doncaster Royal Infirmary, this service takes approximately 30 minutes. To book a seat on the shuttle service, please telephone the Transport Department on 01909 572424.

Doncaster Royal Infirmary and Montagu Hospital: This free service runs directly between the two sites and takes approximately 30 minutes. The bus stop at Montagu is outside the main entrance on Adwick Road and at Doncaster Royal Infirmary outside the Main Outpatients Entrance at Gate 3. To guarantee a seat on the bus telephone freephone number 0800 953 66 33, Monday to Friday, 9am to 4.40pm. If unable to book in advance, seats will be allocated subject to availability. The shuttle operates from Monday to Friday inclusive, except bank holidays.

We're here to help everyone with cancer live life as fully as they can, providing physical, financial and emotional support. So whatever cancer throws your way, we're right there with you. For information, support or just someone to talk to, call 0808 808 00 00 (7 days a week, 8am - 8pm) or visit macmillan.org.uk.

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland. Printed using sustainable material. Please recycle.







Macmillan Cancer Information and Support Service in Doncaster

Telephone 03000 214 853

## Who we are

When you are affected by cancer, either as a patient or carer, having the right kind of information and support at the right time is important.

The Macmillan Cancer Information and Support Service provides confidential support to anyone wanting to discuss how cancer is affecting their life.

This can be by telephone, drop-in at Doncaster Royal Infirmary or an appointment can be arranged.

## **?** Who can use the service?

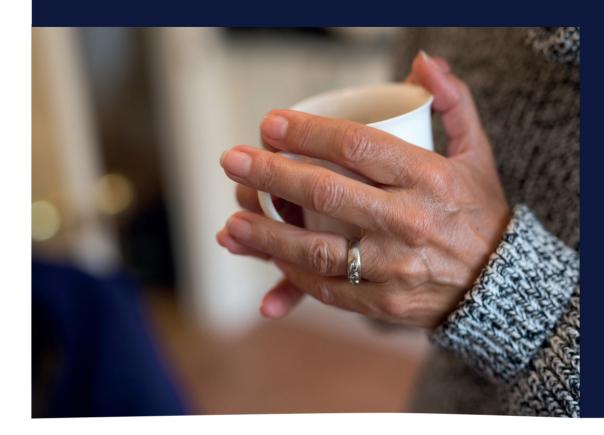
People who are attending Doncaster Royal Infirmary with questions or concerns about cancer. Referrals to the service for people living in Doncaster or those registered with a Doncaster GP who:

- · require information about cancer
- · have a cancer diagnosis
- · are living with the consequences of a cancer diagnosis
- · are a carer, relative or friend of someone with cancer
- are worried about cancer or want information about reducing the risks of developing cancer
- · are a health or social care professional.

# **1** What does the service provide?

The service is delivered by an experienced team of health professionals and skilled volunteers and offers a range of information and support including:

- booklets and leaflets eg specific cancer information and treatments
- emotional support by telephone or face to face, with referrals to a counselling service if requested



- referrals to local and national services for help with financial advice and applications for benefits
- information about living with cancer eg work-related issues, fatigue, exercise, diet and finances
- · cancer screening information
- · recognising early signs and symptoms
- · healthy lifestyle advice
- links to clinical teams.

By working together with our partners in health and social care teams and the voluntary sector we ensure that people receive the appropriate information and support.

Anyone can self-refer to the service by telephoning or emailing with their contact details. We also accept referrals from health and social care professionals.